

# DEBATING MENTAL HEALTH - HAVE YOUR SAY!



- **What on earth is this?!**

A new programme training YOU to become an expert debater for a topic we need YOUR help about!

- **Why would this benefit me?!**

A debate is a structured argument where your goal is to make yourself heard. This programme teaches you the essential skills to do this, alongside meeting many new friends and developing your confidence when delivering an argument!

- **When would this be?!**

Your expert training would begin in November and last 12 weeks. Only 2 hours a week building you up to a huge final with great prizes to be won!

- **How and where?!**

Get in touch with Laura Tyrrell, 07779440836

**It's your turn to argue  
for what you believe –  
and we want to hear  
it!**

