



OCTOBER ADHD AWARENESS MONTH



EVENTS TO HIGHLIGHT THIS NEURO-DEVELOPMENTAL DISORDER AND CREATE UNDERSTANDING

3 October – CAMHS future ADHD & Autism diagnosis chat 1.30pm to 3pm MeToo&Co, The CrossWay Centre, Twickenham, TW1 2PD *To book e-mail: info@metooandco.org.uk*

4 Oct: ADHD Richmond Talk – ADHD! – what to do know + Girls with the condition. Dr Claire Scott, Consultant Community Paediatrician AND Children’s Councillor, Susan Chappell. 7-9pm Russell Cooke Solicitors, Kingston

5 Oct: ADHD Richmond post-diagnosis session (free) 10am Russell Cooke Solicitors, Kingston

7 Oct: ADHD Richmond Play/Meet Up. 10-12 Marble Hill Park Adventure Playground

9 Oct: 1pm to 2.30pm **CAMHS future ADHD & Autism diagnosis chat** Express CIC, 452 Ewell Road, Surbiton, KT6 7EL *To book e-mail: info@expresscic.org.uk*

10 Oct: ADHD Richmond Talk – EHCP & Education Law with Eva Akins. 1100-1300 Russell Cooke Solicitors, Kingston

10 Oct: CAMHS future ADHD & Autism diagnosis chat 7pm to 8.30pm Langdon Down Centre, Normansfield, 2A Langdon Park. Teddington. TW11 9PS *To book e-mail: richmond@nas.org.uk*

12 Oct: An afternoon of poetry & performance for women. Kentish Town Health Centre, 2 Bartholomew Rd, London NW5 2BX. Send in your 5 min video contribution

13 Oct: ADHD Richmond & Kingston Carers Coffee & Chat 10-12 at 418 Ewell Road, Surbiton, KT6 7HF

16 – 28 October : a special interactive production of [A Midsummer Night’s Dream](#) for those over 10 yrs with communication and social interaction difficulties, including **ADHD**. Mon – Fri 10.30am & 2.00pm Sat 10.30am Orange Tree Theatre, Richmond. All tickets £10 Booking is by phone only – call Izzy or Imogen at OT Take Part on 020 8940 0141

16 October: Practitioner training in ADHD. Tell your teacher or social worker about this course which will provide an overview of what ADHD is and the impact it has upon school and home life. By the end of the day practitioners will have the essential skills and knowledge to better support children and their families locally. 9.30-4.30pm Twickenham Training Centre, 53 Grimwood Road, TW1 1BY

18 October DEADLINE for ADHD comments on the NICE guidelines update. This [document](#) is the most important text relating to your child’s ADHD. It is the Holy Grail for Consultants, GPs, Practitioners. Give your views on the changes being made to the Guidelines: ADHDstandardUpdate@nice.org.uk

19 Oct: Can Do Courses offer a half-day workshop called Understanding ADHD – this course will cover many important aspects. Tell your teacher or teaching assistant to book. Open to parents too

23 Oct: Fastminds (Adult ADHD Support Group) meets from 7-9pm Kingston Quaker Centre, Fairfield East, Kingston upon Thames KT1 2PT

More information, on any of the above, from communications@adhdrichmond.org