

## The ADHD post-diagnosis pathway to medication, interventions, therapy & support



The **Child and Adolescent Mental Health Service (CAMHS)**, which has diagnosed your child with ADHD, will discuss **medication** & all **other interventions & referral** options with you for an outline care plan.



The **Single Point of Access (SPA)** can offer you a further route to a range of Children's Services including enquiries about **therapy and support**. Need help at any time? You, your SENCo, GP, or family worker can ask for referral Tel: 020 8547 5008 Out of hours Tel: 020 8770 5000



**123 Magic Parenting:** Once your child (up to 12 yrs of age) has a diagnosis you are recommended to attend this course which will help you understand ADHD and how to manage the behaviour. Contact: [karen.williams@achievingforchildren.org.uk](mailto:karen.williams@achievingforchildren.org.uk) 020 8547 6965 or 07771 974388



**Post-diagnosis:** [ADHD Richmond](#), with the NHS, has developed a two-hour information session which you are recommended to attend (after 123 Magic) to learn about the impact, diagnosis, school, interventions & local services

Book via [communications@adhdreichmond.org](mailto:communications@adhdreichmond.org)



[The Emotional Health Service](#) can provide **Cognitive Behaviour Therapy** if your child also displays significant emotional distress, low mood or anxiety Also, **Art psychotherapy** and **Family therapy**. Contact via SPA

[The Educational Psychology Service](#) offers monthly Challenging Behaviour workshops



[ADHD Richmond](#) offers a **1:1 service if all else has failed**. The Support Group, for parents & carers of children with ADHD, also provides **advice & information** and holds two **seminars** each month with leading ADHD experts.