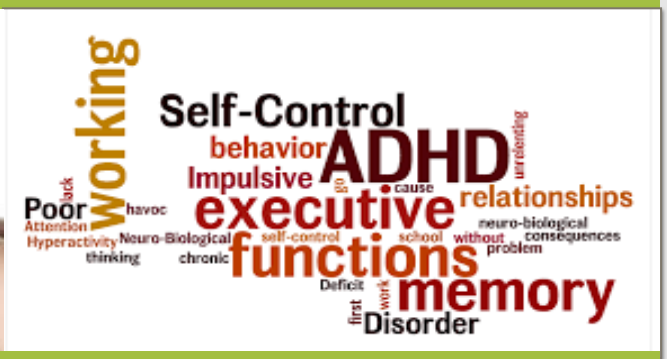
ADHD
RICHMOND & KINGSTON
Supporting parents, carers and young people

# ARE YOU THE PARENT OF A NEWLY ADHD DIAGNOSED CHILD OR TEENAGER? COME AND LEARN MORE

## POST-DIAGNOSIS WORKSHOPS




Receiving a diagnosis of ADHD for your child or teenager can be a challenging time. What does it mean? Is it my fault? Am I the only person dealing with this? What do I do next and where do I start?

ADHD Richmond & Kingston, in collaboration with the NHS, have developed a two hour information workshop where you can learn about the diagnosis, treatments, school impact and local services available. You will discover a wealth information and support available and also meet other parents in a similar position. This workshop is open to Richmond and Kingston parents.

Forthcoming monthly workshops 10.00am – 1.00pm:
2019: 26 Sept ● 24 Oct ● 28 Nov ● 12 Dec
2020: 30 Jan ● 27 Feb

Book onto a workshop by email at bookings@adhdrichmond.org. Cannot make any dates? Email and we will do our best to find another time.

Please note anyone making a booking consents to ADHD Richmond and Kingston holding data on your attendance under GDPR