

## CAMHS\* Autism & ADHD Screening/Assessment Process: *Information videos for parents and carers*

We are delighted to share our new information videos, which are aimed at parents/carers of young people who are registered with GPs in Kingston and Richmond (K&R).

These videos have been developed by K&R CAMHS Single Point of Access (SPA) and Your Healthcare. Our aim is to increase parent/carer understanding and confidence around the local pathway to seeking a diagnostic assessment for Autism and/or ADHD within CAMHS. There is 60 minutes of content which is split into 8 videos (covering the sections outlined below) to allow you to easily re-visit the most relevant information.

### VIDEOS OUTLINE



1. Introduction and Overview of Neurodiversity

2. Autism Spectrum Disorder/Condition (ASD/ASC)

- What is ASD?
- Strengths and difficulties

3. Attention Deficit Hyperactivity Disorder (ADHD)

- What is ADHD?
- Strengths and difficulties

Sections relevant for both ASD/ADHD

4. Considerations for seeking formal diagnosis
5. CAMHS screening & assessment processes
6. Considering private assessment
7. Discussing assessment/diagnosis with my child
8. Accessing support (with/without a diagnosis)

To access the videos, visit the link below (or scan the QR code):

<https://sway.cloud.microsoft/QZf7qs4aSKTJ9EIP>



To allow us to evaluate the effectiveness of these information videos, please kindly fill in the Pre-Questionnaire (before watching the videos) and Post-Questionnaire (after watching the videos) on the webpage.

\* Child and Adolescent Mental Health Service (CAMHS)